

Instant Pot

HIGH ALTITUDE CONVERSION CHART

ALTITUDE CONVERSION CHART

Altitude	% Cooking Time Increase	If Recipes is for 20 minutes	If Recipes is for 60 minutes
3,000 ft	5%	21 minutes	63 minutes
4,000 ft	10%	22 minutes	66 minutes
5,000 ft	15%	23 minutes	69 minutes
6,000 ft	20%	24 minutes	72 minutes
7,000 ft	25%	25 minutes	75 minutes
8,000 ft	30%	26 minutes	78 minutes
9,000 ft	35%	27 minutes	82 minutes